

***"There is so much more than we knew about. I feel this is how life should be and I feel like a new person."***

### Sail Training

The Foundation continues to cope with these difficult economic times, just as our sturdy little fleet rode out the stormy weather encountered during so many weeks of the 2012 sailing season.

Reports from many partner organisations mention having encountered difficult conditions, and the satisfaction gained from having met and overcome the additional challenge presented by the weather.

Similarly, our family of crew, operations staff, patrons and trustees were pleased to have reached the end of the year in as sound a position as

we began it, having accomplished much in the process.

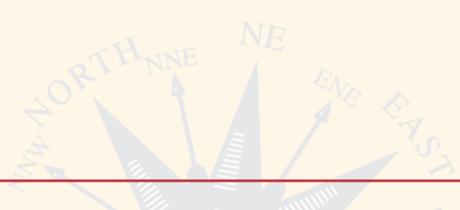
Outcomes from sail training voyages were extremely good, based on reports received from group leaders and our own sea staff. Follow-up visits to partner organisations confirmed that the beneficial effects of the experience we provide continues to be evident long after the event, and in many cases to have provided the degree of motivation and self-belief that has led to a change in the direction of young lives and encouraged those who have been with us to aspire to better things.

Through youth workers, teachers and

others we are also able to keep abreast of the progress made by young people who came to us in previous years.

In addition to the formal reviews carried out at the end of each season, we benefit greatly from the feedback provided by group leaders in written reports. One of the important things about the way in which Trinity operates is that we work solely with young people in groups, accompanied by adults who are involved in their ongoing welfare. Sharing the experience helps create relationships that can be built on to turn short-term benefits into permanent gains. It also

**Helping Young People Discover the Best in Themselves**  
**Preserving Historic Sailing Vessels**



**"Definitely the best time of my life!! We did some amazing things and learned a lot. My favourite bit was being on deck at sunrise."**



enables those adults to see the transformation in the young people as it takes place, and their reports are something to which we attach particular value.

It is also important to evaluate the outcomes from the point of view of the young people themselves, and we do this through a well-established system of easy-to-complete questionnaires.

The key results from these are summarised below, and continue to

experience brings in terms of attitude, life skills and social behaviour.

However, as budgets remain at the levels imposed over the past two or three years, the contribution they can make to the cost of voyages is in some cases of necessity constrained. We always endeavour, through our fundraising efforts, to provide bursary support so that deserving young people are not prevented from taking part. A substantial part of that funding comes through generous and invaluable

**"I have learnt that one should never assume what potential and abilities young people have."** Youth worker, Warrington



**"The benefits are huge."** Teacher, London

be at the high levels experienced in previous years.

Also included in the report are various extracts from group leader reports.

Despite the harsh economic climate partner organisations invest money from restricted resources to send their young people to us, a testament to the benefits they perceive the sail training

support from various grant-making organisations. That they still feel able to do so despite their own resources in many cases having been put under some strain is extremely gratifying, and we are very grateful to them, as we are to those individuals who make donations and support the fundraising events we run.

### Changing Faces

During the latter part of 2012 Matthew Maxted, who had been with us for eleven years - starting as a volunteer member of crew and progressing through skippering Provident to running the office operation, left to emigrate to Australia with his (Aussie) wife and young family.

Toby Russell, who joined in early 2011 as Development Manager, took over the reins from Matt, while retaining his development role.

### Heritage

Having completed the re-decking of Leader in May 2012, we planned to fit a new keel to Provident at the end of year, and funds had been earmarked for that work.

As the season ended rot was discovered in a number of Provident's main deck beams. These had been replaced during a major refit in 1990, a decade before we acquired the vessel but it now appears that for some reason only the main span of the beams had been renewed, scarped into the ends of the original beams. It was these older ends that had deteriorated.

Putting things right involved replacing the entire foredeck, at a cost in excess of £40,000. We were fortunate to obtain a Heritage Lottery Fund grant that covered this unforeseen requirement and enabled us to continue and expand our heritage education and promotion work.



Early in 2013, following health problems, Sally Gibson stepped down as Administrator. She has been replaced by Harry Gottshalk.



At the end of the year Nigel Wollen, who had been a vice-president of our support group of patrons since 2004, accepted the Board's invitation to become a Trustee. Nigel recently retired as senior partner of Hooper & Wollen, one of Devon's leading law firms. He is also Deputy Lieutenant of the county and Commodore of the Royal Cruising Club.

### Outcomes for Individuals

Feels	
More Confident	92.5
Get on better with others	95.9
More capable than realised	89.1
Like to try new challenges	95.9

Learned to	
Share ideas	87.1
Plan and think ahead	83.7
Take responsibility	93.9
Be a leader	81.0
Solve problems	89.1

Did	
Attempt all tasks	88.4
Completed all tasks	83.0

Got on well with	
Young people	89.1
Group leaders	95.2
Ship's crew	95.2
Felt others respected him/her	86.4
Had respect for them	92.5

Enjoyed	
Taking part	99.3
Visiting new places	97.3
Learning to sail	97.3
Teamworking	98.0
The food	97.3
Preparaing and cooking meals	98.6
Keeping boat clean	87.8
Eating healthily	93.9
Living and working outdoors	97.3

Was	
Pleased with what he/she achieved	96.6

**During 2012 we were fortunate to benefit from the support of:**

- The Armourers & Brasiers' Gauntlet Trust
- The Association of Sea Training Organisations
- The Belsize Charitable Trust
- Bernam's Charitable Trust
- Lord Clinton's Charitable Trust
- The Gilbert & Eileen Edgar Foundation
- The John Ellerman Foundation
- The Fellfoot Charitable Trust
- The Grocers' Charity
- The Charles Hayward Foundation
- The Hedley Foundation
- The Rosalind Hicks Charitable Trust
- Heritage Lottery Fund
- The Homelands Charitable Trust
- The Marjorie and Geoffrey Jones Charitable Trust
- St Jude's Trust
- The 29th May 1961 Charitable Trust
- The Norman Family Charitable Trust
- The Northbrook Community Trust
- National Historic Ships
- The Payne-Gallwey Charitable Trust
- The Portishead Nautical Trust
- Albert Reckitt Charitable Trust
- The Rose Family Trust
- The Royal Cruising Club
- The Royal Thames Yacht Club Charitable Trust
- Santander Community Plus
- The Wakefield Trust

Our thanks go to them, to the Friends of Trinity and to other personal and corporate donors.



*"The progression in confidence and self-image in such a short time was overwhelming. Our young people became more independent and stronger in the belief that together they could complete the challenges they faced. They were willing to take a chance and try new things and learn new skills, knowing that everyone on board would be supportive. They became determined to give their best, and developed respect for themselves and others.*

*It has improved our trust in them, and we have learned to take a step back instead of trying to assist too quickly. It was also good for the young people to see we adults sometimes struggling with some of the tasks too, and for them to gain in confidence when they were able to help us. The young people have developed trusting and positive relationships with the adults and we will continue to nurture this."*

High School, Scotland

*"As staff we were able to get to know and appreciate the children in a different environment which for us is a part of what this unique experience is about."*

Primary school, Enfield

*"The skipper was amazing. He inspired us and we trusted him completely."*

Group leader

*"A great adventure which resulted in significant improvements in teamwork, personal development and self esteem of the young people, who gained some impressive real life experiences."*

Youth worker

*"In our normal environment the time we spend with our young people is time restricted due to the working day and caseload. On the trip we spent 7 days, 24 hours a day, with them which gave me the ability to bond and get to know them on a more personal basis. That encourages them to open up to us on their terms.*

*All of these young people have hidden depths which we do not normally see in our day to day working with them. We need to acknowledge that in the workplace more often and it is important to remember that beyond the initial presentation of the young person, which can be quite confrontational, there is that hidden potential."*

Leaving care service, South London

*"Our school is purpose built for 11-16 year olds who have moderate learning, behavioural and social disadvantages. This was an excellent opportunity for them to gain valuable life skills such as teamworking, communication, manners and how to get along with others. I valued the opportunity to see them surpass themselves in difficult conditions, demonstrating unseen strengths and discovering that they are capable of more than they had thought."*

School, Plymouth

*"I've had the most amazing time. Everybody has helped each other and that's what has made it so good. My first impression was "what have I let myself in for, but am so glad I had the opportunity and achieved what I did."*

Young Person

*"A great rapport developed between staff and students. After this my rapport with them is second to none - as though I had known them for years. I now know their personalities, their strengths and their weaknesses.*

*We achieved many things. They acquired enhanced teamworking skills and gained confidence by learning while doing. Their social skills greatly improved. In fact, they made progress on so many levels."*

Community College, South Devon

*"Taking them out of their comfort zone into an alien and sometimes challenging and hostile environment is a unique way of developing character and leadership skills. It also accelerates the bonding process needed to promote good teamwork. It was fantastic to take the group out of their natural environment; half had never left Plymouth before."*

Youth into work programme, Plymouth

*"It made me open up a lot. Normally I keep myself to myself. Now I have new friends and that makes me very happy. Thank you."*

Young Person

*"They progressed tremendously. We learned just how independent they can be and how hard they can work. Their flexibility and hard work was also amazing to witness, as was the opportunity to see them achieve their potential in an unfamiliar environment with minimal adult support."*

Junior School, North London

## Patron

The Lord Clinton

## President

Vice-Admiral Sir Toby Frere

## Chairman

Sir John Rose

## Vice Presidents

Col John Blashford-Snell OBE

Simon Britten

Ian Creamer

Sir Simon Day

Michael Hutchinson

Sir Robin Knox-Johnston CBE

Maj. Ranulf Rayner

## Trustees

Struan Coupar

Georgina Gosling

Henry Middleton

Paul Vincent

Nicholas Walker

Nigel Wollen DL

### Leader

Length: 105 feet Beam: 19 feet  
No of berths, inc. crew: 19



### Provident

Length: 95 feet Beam: 17 feet  
No of berths, inc. crew: 16



### Golden Vanity

Length: 53 feet Beam: 10 feet  
No of berths, inc. crew: 9



### Spirit of Britannia

Length: 75 feet Beam: 13 feet  
No of berths, inc. crew: 14

